

ON AND OFF ICE ETIQUETTE FOR SKATE BROCKVILLE: 2023 – 2024 SEASON

- 1. All skaters under the age of 12 must be accompanied by a parent or guardian in and out of the arena.**

It is strongly encouraged that parents/guardians of skaters under the age of 12 remain at the arena in the event of a situation or potential injury in which the skater must exit the ice surface. The club cannot guarantee the supervision and safety of skaters while they are off the ice.

- 2. Skaters are to arrive on time and prepared for lessons.**

This means arriving at the arena in advance of their session to allow enough time for an off ice warm up, time to change and put on skates, etc. Please remember to bring all items to the ice surface that you need: plastic or metal water bottles (no glass), extra gloves, jacket, etc. Please remember to use the washroom before getting on the ice. Lateness, without a valid reason, will not be tolerated as this disrupts the group.

- 3. Skaters are to wear appropriate clothing for skating.**

Clothing should not be restrictive to movement (no jeans, sweatpants, or baggy clothing). Long hair must be tied back, and gloves or mittens are required.

- 4. Skaters are to notify the Head Coach if they need to leave the session early or are arriving late or will be missing a session.**

Skaters and/or parents should make every effort to notify the head coach in advance if they will be absent, late or leaving early. This allows the coach the opportunity to plan accordingly and helps to avoid disruptions to lessons.

- 5. Do not leave valuables or money in the dressing rooms.**

- 6. Parents are not allowed in or around the players' benches due to safety concerns.**

- 7. Skaters can only take the ice when a coach is present and the Zamboni is off the ice.**

For their safety, skaters are reminded to not enter the ice surface until the Zamboni is off the ice and the doors are closed. For insurance reasons, skaters are not allowed on the ice without a Coach.

8. Skaters may skate only on the days and sessions for which they are registered.

*No substitutions for days missed due to competition, illness, vacation, school trips, seminars, etc.
Guest fees apply to sessions for which a skater is not registered.*

9. The following items are not permitted on the ice surface; glass water bottles, food, cell phones, hand held devices or ear phones

If you want something videotaped, please ask permission.

10. Sportsmanlike conduct, safety, courtesy, and respect toward all coaches, skaters, judges, volunteers, and executive members are required at all times.

*This conduct is required both on and off the ice and at intown and out-of-town events.
Inappropriate behaviour or attitude, rudeness, bullying, pushing, or ice kicking will not be tolerated.
No skater, coach, or volunteer is to be talked about in a negative way.*

11. Skaters are not allowed to sit on the boards or the ice.

- Please get up quickly after falling (unless you are hurt) and use the players' benches to retie skates.*
- No standing at the boards unless standing out of the way of a soloist (StarSkate Session). Once the soloist has moved on to another part of the ice, the skater should be skating again. Do not stand still at the boards for the entire solo.*
- No talking in groups at the boards or in the middle of the ice.*
- For safety reasons, jumps are practiced at the ends of the ice and spins in the middle of the ice.*
- Skaters must be aware at all times of other coaches and skaters by keeping their heads up, and at no time endanger other skaters.*
- Pay attention to whose solo music or dance music is playing.*

12. Music Playing Protocol (StarSkate Session)

A coach's request has priority over a skater's request for music. Right of way goes to the skater whose music is playing. Try to stay out of the skater's way but do not stand still at the boards during the whole solo. Guidance on this will be given by the Head Coach during the first few sessions of the season. If no solo music is playing a large group lesson will be given priority (right of way) over a private lesson or a skater practicing on her/his own.

13. Skaters are required to keep the dressing rooms clean and tidy.

Skaters are to put all trash in the garbage can. Take their belongings with them from the dressing room and from the ice surface.

14. Skaters must pay attention to the instructions of Coaches and Program Assistants

Failure to obey these rules will result in consequences: First infraction: A verbal warning Second infraction: An additional verbal warning and an email to parents/guardians explaining the situation. Depending on the situation skaters may be asked to leave the ice surface for that day. Third infraction: A meeting with the skater and the parent/guardian to produce solutions to address and resolve the issues. This could result in a one-day skating suspension.

Thank you for your assistance so that skating is a happy, safe, and positive place for everyone!

MEDIA RELEASE, CONSENT TO USE/DISCLOSE PERSONAL INFORMATION, LIABILITY WAIVER

Skaters Name: _____

There are opportunities throughout the year when skaters are photographed, interviewed or videotaped during public events and Skate Brockville would like to share these on the club website or Facebook page, and through media release to the newspaper, radio, or television.

Photos and names can only be displayed with the permission and knowledge of the parent/guardian and will not be used for commercial gain.

I consent to my child's photograph, interview, videotape, name/accomplishment being used on the Skate Brockville website and/or Facebook page, used for media releases, or public television, radio, or newspapers. _____ Initials

Skate Brockville and its agents respect everyone's privacy and will work diligently to ensure that all personal information provided by Skate Brockville remains accurate confidential, and secure. We treat all information with respect and discretion.

I consent to my child's name, address, email address, telephone number, sex, age, date of birth, Skate Canada number, skating level, and any other additional information required by the club for the following purposes: sending and receiving communications to and from Skate Canada, determining eligibility, in case of emergencies, and/or organizing and preparing for competitions, test days, and annual ice shows. _____ Initials

I agree that all participants/family hereby waive all claims for injury and/or damage or loss of property arising from or due to training at Skate Brockville and hold harmless all personnel associated with Skate Brockville.

I understand that any member whose account is past due will not be permitted to try and test or enter any competitions and will not be allowed to skate until the account is settled.

Name of parent/guardian: _____

Signature of parent/guardian: _____

Rowan's Law Acknowledgement Form for Athletes and Parents/Guardians

Athletes under 26 and parents of athletes under 18 years of age must confirm that they have reviewed the Government of Ontario Concussion Awareness Resources below and Skate Ontario's Concussion Code of Conduct for Athletes and Parents/Guardians prior to registration and/or on the first day of skating.

Government of Ontario Concussion Awareness Resources – Rowan's Law E-booklet:

- [Ages 10 and Under](#)
- [Ages 11-14](#)
- [Ages 15 and Up](#)

Skate Ontario:

- [Concussion Code of Conduct for Athletes and Parents/Guardians](#)

Skater

I acknowledge that I am the skater participating in physical activities at the (insert name of Skating Club/Skating School and I have read the Government of Ontario Concussion Awareness Resource for my age group **and the Skate Ontario Concussion Code of Conduct** and understand what a concussion is and how it may be caused. I understand the importance of reporting a suspected concussion to my coaches and my parent/guardian. I understand that I must be removed from practice/competition if a concussion is suspected. I understand that I must provide written clearance from an appropriate health care provider to my coach before returning to practice/competition. I understand the possible consequence of returning to practice/competition too soon and that my brain needs time to heal.

Parent/Guardian

I acknowledge that my child is participating in physical activities at the [insert name of Skating Club/Skating School) and I have read the Government of Ontario Concussion Awareness Resource for his/her age group and the Skate Ontario Concussion Code of Conduct and understand what a concussion is and how it may be caused. I understand the importance of reporting a suspected concussion to coaches and any other designated persons at the club/skating school. I understand that my child must be removed from practice/competition if a concussion is suspected. I understand that I must provide written clearance from an appropriate health care provider to my coach before my child is permitted to return to practice/competition. I understand the possible consequence of returning to practice/competition too soon and that my child's brain needs time to heal.

Athlete: _____

Parent/Guardian (of athletes who are under 18 years of age): _____

Date _____

